

## **A Fabulous Self-Help EBook titled, "How to Help Yourself Using Your Mind" By Rosina S Khan**

*The self-help eBook has been authored and self-published by Rosina S Khan and it has been released on her website, <http://www.rosinaskhan.weebly.com> on Dec 28, 2017 in Dhaka, Bangladesh.*

Bangladesh -- Free-Press-Release.com -- Dec 29, 2017 -- The self-help eBook focuses on how to use your vast resource expanse of your mind in order to help yourself in ways you never imagined.

The book talks about how using your mind for instance, you can bring in more abundance in your life, get the mojo of life, correct your problems, handle grief, take appropriate action when your fears come true – just to name a few.

Interested? Grab the eBook for free from the following link:

<http://using-your-mind.weebly.com>

Or, by visiting her website:

<http://rosinaskhan.weebly.com>

### **About the Author and Publisher**

Rosina S Khan is the author and publisher of several high quality self-help eBooks which appear on her website. She has also authored seventeen fiction stories on <http://www.free-ebooks.net>, and a guide on Database Systems as well on the same site, titled, "The Dummies' Guide to Database Systems: An Assembly of Information. An Easy to Understand Guide Even for Laypeople." She also loves to write articles for [EzineArticles.com](http://EzineArticles.com) and is a Diamond Expert Author there, having authored commendable articles. All of these resources including other valuable stuff are free on her website:

<http://www.rosinaskhan.weebly.com>

So she recommends that you visit her website and grab as many treasures as you would like.

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